



FOREVER COMPANION – 14-day Quality of Life Calendar

Instructions: Mark each day

G = Good Day (comfortable, engaged – tail wagging, still eager to please, gets up when approached, etc)

N = Neutral Day (even mixture of good and bad moments)

B = Bad Day (painful, excessive panting, withdrawn, no tail wag, little to no ability to get up, etc)

Week 1:

Day 1: _____ Day 2: _____ Day 3: _____ Day 4: _____ Day 5: _____ Day 6: _____

Day 7: _____ NOTES: _____

Week 2:

Day 1: _____ Day 2: _____ Day 3: _____ Day 4: _____ Day 5: _____ Day 6: _____

Day 7: _____ NOTES: _____

Totals:

Good Days: _____

Neutral Days: _____

Bad Days: _____

Reflection: Are the good days the majority? YES or NO

Is quality improving, stable or declining?

Are medications helping?

Any noticeable patterns?